

PROFESSIONAL COACHING STAFF

Sue Bullick – NCCP National Coach Level 2 Certified almost Level 3 – 24 years coaching experience – Naturopath Diploma from Alternative College of Canada – Teaches all disciplines but specializes in dance and skating skills – Powerskate certified – CanSkate director – CanSkate University Graduate – Skate Canada mentor coach – Efficient in Star 1-5 Test program – Raised skating in Quebec – All gold and diamond tests completed in Freeskate, Dance, Figures, Skating Skills, Artistic and Interpretive Dance

Kathy Sutherland – NCCP National Primary, Intermediate, and Senior StarSkate Coach – 33 years coaching experience – Bachelor of Physical and Health Education University of Toronto specializing in sports training and sports medicine – Diploma in High Performance coaching, National Coaching Institute, University of Calgary – Certified Sports Training, Taping and Strapping – Skate Canada National Club and Recreational Coach of the Year 2009 – Skate Canada mentor coach – Coach of all disciplines specializing in Freeskate and Choreography – Powerskate certified – Skate Canada Star U Graduate 2017 – Star 1-5 Test Program Specialist – Certified Eccentrics Level 2 Instructor

Private one-on-one lessons are available at an extra cost and are to be arranged by parent coach directly. Lessons are on a first come first serve basis on Fridays.

All sessions located at:

Crowsnest Pass Sports Complex
8702 22 Ave Coleman

Skate Canada Membership & Insurance

\$37 annual fee is payable with members first registration for the new skating year.

This fee is non-refundable

CLUB RULES AND GUIDELINES

Membership in the Crowsnest Pass Skating Club is a privilege and will be revoked for inappropriate behaviour on the part of the parents or skaters. Membership is not transferable to another person.

Payment of at least ¼ of the programs registration is required before the skater can participate on ice.

A \$100.00 posted dated cheque dated April 1 is required for volunteer hours. When volunteer hours are completed the cheque is returned to you.

A posted dated cheque dated March 1 is required for 50/50 raffle tickets. When tickets and money are returned the cheque is returned to you.

A \$35.00 returned cheque fee will be charged to the author of any returned cheques.

Fees are not prorated for late registrations.

Refunds will be issued until 30 days after the date of registration minus an 80.00 office fee.

A doctor's note will be required for any refunds thereafter.

A complete list of rules and regulations are listed on our website:

www.crowsnestpassskatingclub.com

Volunteer Opportunity
Year End Carnival
March 17, 2019

Crowsnest Pass Skating Club

Proudly Serving the Community for over 65 years!

Come Skate with Us!

2018-2019 Season

**October 3rd
To
March 17th**



***A pair of skates is all it takes to
learn how to skate***

Register in person at:
MDM Community Center
2802 222 Ave Bellevue

On
Wednesday, Sept 12
From 6:00-8:00

www.crowsnestpassskatingclub.com

Contact us at
president@crowsnestpassskatingclub.com
403-563-9162

**Learn to Skate
Programs**

PreSchool CanSkate (3&4 yrs. of age)

This program teaches skating skills through the use of simple instruction, games and toys. The goal is to help skaters develop balance and coordination on ice, with the emphasis on having fun in a group format.

CSA approved hockey helmet is mandatory

Average 3:1 ratio

Sunday	9:00am-9:30am
Wednesday	5:30pm-6:00pm

PreSchool Fees	\$300.00
Half Season Fees	\$175.00

**CanSkate Learn to Skate
(5 years and over)**

This National CanSkate badge Program teaches fundamental skating skills in 6 stages. Program includes one hour of ice time (warm up/fun and games) with 30 minute of lesson time with our NCCP Professional Coaches.

CSA approved hockey helmet is mandatory
Bike/Ski helmets are not permitted

Average 8:1 ratio

Sunday	9:00am-10:00am
Wednesday	5:30pm-6:30pm

CanSkate Fees	\$450.00
Half Season Fees	\$275.00

**StarSkate
Programs**

JumpSkate

Program focuses on skating techniques that will prepare skaters for competitions and tests evaluated by skate Canada certified judges. Skaters develop their Dance, Skating Skills, freeskate and stroking techniques in a group or private lesson format. **Skaters should pass CanSkate Stage 5 to qualify.**

Wednesday	4:00pm-5:15pm
Friday	2:00pm-3:15pm
Sunday	10:00am-11:15am

JumpSkate Fees	\$700.00
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StarSkate

See JumpSkate details: This program further develops skills and techniques. **Skaters should have passed all preliminary tests to qualify.**

Wednesday	6:45pm-8:15pm
Friday	3:30pm-5:00pm
Sunday	11:30am-1:00pm

StarSkate Fees	\$750.00
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*Test fees extra. Low tests: \$15 coaches fee + \$12
Skate Canada fee = \$27 total per test.*

Sanctioned
by:



**Skater
Information**

First Name: _____

Last Name: _____

Mailing Address: _____

Birthdate: Month ____ Day ____ Year ____

Male ____ Female ____

Health Care # _____

Skate Canada # _____

Any Health Concerns: _____

Program to be enrolled in

PreSchool CanSkate \$ 300.00 _____

Half PreSchool \$ 175.00 _____

CanSkate Learn to Skate \$ 450.00 _____

Half CanSkate \$ 275.00 _____

JumpSkate \$ 700.00 _____

StarSkate \$ 750.00 _____

**Contact
Information**

Parent or Guardian:

First Name: _____

Last Name: _____

Home Phone: _____

Cell Phone: _____

Email: _____

I the undersigned parent/guardian of child named beside do hereby consent to said child participating in all activities of the Crowsnest Pass Skating Club (CNPSC) and do hereby release, indemnify and save harmless the CNPSC, their employees, coaches and supervisors from any claim which I or said child may have as the result of his/her participation. I assume all risks and hazards to the above articles and hereby waive all claims whatsoever which said child or I might have against above named company/individuals. I understand that my child's name, picture and or registration information may be used to promote the CNPSC, its activities or the sport of skating, as the CNPSC deem appropriate.

Parent Name: _____

Parent Signature: _____

Date: _____

**Payment
Options**

PreSchool, CanSkate, JumpSkate & StarSkate

Full Payment Cheque# _____ Cash _____

OR

Payment Plan 1/4 due at registration 1/4 due on

Sept 12 Cheque# _____ Cash _____

Nov 15 Cheque# _____ Cash _____

Jan 15 Cheque # _____ Cash _____

Feb 28 Cheque # _____ Cash _____

Volunteer Cheque # _____ Post dated April 1

Fundraising Requirements

Fundraising is **mandatory** for all registered skaters except to help subsidize our operating costs. A post-dated cheque dated **March 1, 2018** will be required at time of registration.

PreSchool Skate and CanSkate \$300.00

JumpSkate and StarSkate \$500.00

Family maximum \$800.00

Cheque # _____ Cash _____

Thank you for your registration
CROWSNEST PASS SKATING CLUB